



Mindfulness with SAP: Self Management – Recording

[https://us02web.zoom.us/rec/share/a8AsHXwlwPV\\_FdT65ZRB6bvGv6kokDKk9v7rZYpJYO\\_UB6SmAhg-1QpbZTGAU6fR.h7L8UrkC30-Y-oMB](https://us02web.zoom.us/rec/share/a8AsHXwlwPV_FdT65ZRB6bvGv6kokDKk9v7rZYpJYO_UB6SmAhg-1QpbZTGAU6fR.h7L8UrkC30-Y-oMB)

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